Heroes in the Home
Caregiver Recognition Award 2018

Paul Barr

Paul and Norma are two peas in a pod. As a happily married couple, they have spent many years going out together and being social with friends and family enjoying activities and spending time together.

Their lives changed when Norma learned she had Parkinson's disease. As a loving, supportive husband, Paul became Norma's main caregiver and, as her number one fan, he's always cheering her on and encouraging her to stay active and remain as independent as possible.

Paul's devotion to his wife knows no bounds. He is by Norma's side for all medical appointments, provides personal home care and support, and makes sure she is active in the community, acting as her main driver, transporting her to and from daily activities.

Paul takes Norma to the adult recreation therapy program and meets with staff there regularly to ensure his wife is receiving the best support available while at the program and to provide updates about Norma's condition.

Besides taking care of Norma, Paul has taken on all household responsibilities including shopping, cooking meals and making sure their home is tidy. He is devoted to Norma's well-being, providing her with tender loving care, friendship and emotional support.

It has not always been easy for Paul and, as Norma's health has declined in recent months, he remains committed to doing all he can to ensure his wife is safe and comfortable at home where she wants to be. Paul's true love and compassion as a husband and caregiver to Norma is remarkable and we are pleased to recognize Paul as a Hero in the Home!

CARING TOGETHER HEROES IN THE HOME HNHB LHIN

Nominated by
Lukas Newhouse