Heroes in the Home
Caregiver Recognition Award 2018

Tammy Frank

Tammy is the type of person who puts the needs of others before her own. As a caregiver to her Mom Sheila and Dad Bob, she has been providing the kind of care and support one could only wish for.

As a key member of her parents' care team, Tammy has been there every step of the way providing person care and emotional support along with transportation, shopping, meal preparation and has also been a true advocate for her mom and dad.

When Bob became ill, he was hospitalized for quite some time. Tammy stepped up to arrange support and care for her mother through HNHB LHIN, March of Dimes, Senior Support services and collaborated with other family members and many friends to assist.

That meant Tammy could be at her father's bedside every day to provide him the same level of support. Thankfully, Bob went home from the hospital after three months. When he arrived home, the entire family was together again – smiling from ear to ear to have Bob with them again.

Tammy is patient and kind, organized and loving and is now caring for both of her parents which means her Mom can be at home together with Tammy's Dad. Tammy is nothing short of amazing – holding down a career, training Border Collies to be flyballers and looking after three dogs of her own, all while providing support to her parents. Tammy's parents and family are grateful to her for providing such wonderful care and support. We are pleased to recognize Tammy as a Hero in the Home!

CARING TOGETHER HEROES IN THE HOME HNHB LHIN

Nominated by
Regan Karges