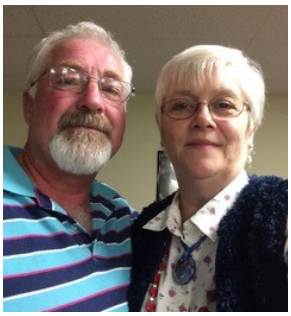
Heroes in the Home
Caregiver Recognition Award 2018

Brian and Carole Styles

There is a familiar saying about families: *Families are like branches on a tree. We grow in different directions, yet our roots remain as one.*



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Husband and wife caregivers Brian and Carole have devoted themselves to caring for Brian's cousin Ruth since 2012. Ruth is a retired school teacher who was injured in a car accident.

While in hospital, Ruth provided Brian and Carole as her emergency contacts and once Ruth returned home from her hospital stay, she received care and support from the couple, with Carole visiting every day to assist her. After a while, Carole moved in with Ruth to provide round the clock care and eventually, Brian also moved in to help care for his cousin.

This live-in caregiving situation lasted for two years, with Carole and Brian providing daily home support, companionship and emotional support, transportation to and from appointments, and assisting Ruth with all activities of daily living.

In addition, Carole and Brian took care of the household, did the grocery shopping, took care of cooking and cleaning, and were always there for Ruth as she recuperated. Eventually, Ruth decided it was time for her to move into a long-term care home, and she did just that recently.

Carole and Brian are shining examples of selfless individuals who made a life-altering sacrifice as a couple move in with their cousin Ruth to provide home care and support. We thank them for being such wonderful, devoted caregivers and we are pleased to recognize Brian and Carole as Heroes in the Home!

CARING TOGETHER HEROES IN THE HOME HNHB LHIN

Nominated by
Becky Stark Lammel