

Heroes in the Home Caregiver Recognition Award 2018

Anne Perera



Anne has provided care and support for of her son Clement for his entire lifetime – 21 years – assisting with all care, bathing dressing, positioning, transfers, supervision for pain management and tube feeding.

As a devoted mother and care provider, Anne is dedicated to providing Clement with a high quality of life ensuring his wellbeing. As a person of deep faith, Anne is also involved in assisting others and doing whatever she can to help. She is most grateful for the people in Clement's life and is thankful for the help he receives.

Never one to complain about the type of care and support she is providing, Anne gets up every two hours through the night to reposition her son. She provides him with exceptional care and keeps Clement happy. With work experience as a personal support worker, Anne has said she loves taking care of people.

Even when she has the rare luxury of some spare time, Anne will help care for a friend who lives with Parkinson's assisting with their personal care and during the summer months, enjoys volunteering at a Catholic summer camp.

Sincere, grateful and loving, Anne demonstrates what it means to be a selfless individual providing around the clock care and support for her son and others in the community. She makes sure Clement has opportunity to be involved in community programs that help him build his social skills as he loves being with other people. Anne has another son at university whom she loves very much and enjoys regular interaction with her family, including her husband Vincent.

We thank Anne for being such an outstanding caregiver to Clement, and we are pleased to recognize her as a Hero in the Home!



**Nominated by
Sharon Toreja-Benito**