

Heroes in the Home Caregiver Recognition Award 2018

Shirley Plummer



Shirley is the type of individual who would stop at nothing to ensure her loved ones received the best care and support available. As a dedicated caregiver, she supported both her husband John and her son Glenn on their health care journeys with persistence and determination.

Her son spent three years in hospital and Shirley was there to support him throughout his stay, driving to and from the hospital to make sure he had everything he needed and to provide companionship and emotional support. Shirley also cared for her husband at home, even though she was advanced in age and had health conditions of her own.

Shirley accessed a number of supports for her husband including The Alzheimer's Society and helped him deal with his agitation and other dementia-related side effects while they were both at home. At the same time, Shirley's organized schedule allowed her to visit her son in the hospital – a lot to juggle for anyone!

As her husband's dementia became more prominent, he moved to a long-term care home but had a difficulty adjusting to his new environment. Shirley moved to a retirement home close by to be near her husband and to provide daily support during his transition to long-term care. She helped care for him for 10 months, all while caring for her son in the hospital.

Sadly, both Shirley's husband and son passed away within six months of each other, and Shirley misses them dearly. Her experience providing care and support to her loved ones with compassion, kindness and love is one she can cherish always, knowing she did everything she could to support her husband and son.

We are grateful to Shirley for providing such wonderful care to her husband and her son, and we are pleased to recognize her as a Hero in the Home!



**Nominated by
Kathy Fruck**